



November 2017 - Menus

MONDAY

TUESDAY


WEDNESDAY

THURSDAY

FRIDAY

Grades 9-12 Lunch

MENUS ARE SUBJECT TO CHANGE

		<p>11-1</p> <ul style="list-style-type: none"> ★ Taco Bean Dip ★★ Yellow Submarine Sandwich ★★ Mexicali Salad - V ★ Crunchy Tortilla Chips - S ★ Tangy Salsa Cup ★ Sweet Corn ★ Fruit - S ★ Fruit Juice ★ Got Milk 	<p>11-2</p> <ul style="list-style-type: none"> ★★ 3 Cheese Calzone ★★ Pastrami & Cheese Croissant ★★ Chicken Caesar & Cheesy Bread ★ Marinara Sauce Cup ★ Fresh Garden Salad ★ Fruit - S ★ Frozen Juice Cup ★ Got Milk 	<p>11-3</p> <ul style="list-style-type: none"> ★★ Golden Chicken Filet Sandwich ★★ Classic Tuna Sandwich ★★ Shanghai Chinese Chicken Salad ★ Artisan Roll - S ★ Roasted Potato Wedges ★ Petite Baby Carrots - S ★ Fruit - S ★ Fruit Juice ★ Got Milk
<p>11-6</p> <ul style="list-style-type: none"> ★ Vegan Chili - V ★★ Toasted Cheese Sandwich - V ★★ Premium Granola and Yogurt - V ★ Crunchy Tortilla Chips - S ★ Sidewinder Fries ★ Petite Baby Carrots - S ★ Fruit - S ★ Fruit Juice ★ Got Milk 	<p>11-7</p> <ul style="list-style-type: none"> ★ Oven Fried Chicken Drumstick ★ Southern Buttermilk Biscuit ★★ Deli Turkey & Cheese Sandwich or ★★ Turkey & Cheese Wedge Sandwich ★★ Italian Chopped Salad ★ Artisan Roll - S ★ Fiesta Pinto Beans or Campfire Baked Beans ★ Sweet Corn ★ Fruit - S ★ Fruit Juice ★ Got Milk 	<p>11-8</p> <ul style="list-style-type: none"> ★★ Crispy Beef Taquitos ★★ Yellow Submarine Sandwich ★★ Mexicali Salad - V ★ Crunchy Tortilla Chips - S ★ Fresh Garden Salad ★ Tangy Salsa Cup ★ Fruit Cup ★ Fruit Juice ★ Got Milk 	<p>11-9</p> <ul style="list-style-type: none"> ★★ Teriyaki Beef Dipper Rice Bowl ★★ Pastrami & Cheese Croissant ★★ Chicken Caesar & Cheesy Bread ★ Broccoli Buds ★ Veggie Medley ★ Fruit - S ★ Frozen Juice Slush ★ Got Milk 	<p>11-10</p> <p style="text-align: center;">Veterans Day Holiday</p>
<p>11-13</p> <ul style="list-style-type: none"> ★ Cheesy Mac - V ★★ Toasted Cheese Sandwich - V ★★ Premium Granola and Yogurt - V ★ Sidewinder Fries ★ Petite Baby Carrots - S ★ Fruit - S ★ Fruit Juice ★ Got Milk 	<p>11-14</p> <ul style="list-style-type: none"> ★★ Mesquite BBQ Pork Sandwich ★★ Turkey & Cheese Melt ★★ Italian Chopped Salad ★ Artisan Roll - S ★ Fiesta Pinto Beans or Campfire Baked Beans ★ Golden Hash Brown Patties ★ Fruit - S ★ Fruit Juice ★ Got Milk 	<p>11-15</p> <ul style="list-style-type: none"> ★★ Zesty Beef Chalupa with Rice ★★ Yellow Submarine Sandwich ★★ Mexicali Salad - V ★ Crunchy Tortilla Chips - S ★ Fresh Garden Salad ★ Tangy Salsa Cup ★ Fruit Cup ★ Fruit Juice ★ Got Milk 	<p>11-16</p> <ul style="list-style-type: none"> ★ Sliced Turkey & Gravy with Stuffing ★ Southern Buttermilk Biscuit ★★ Pastrami & Cheese Croissant ★★ Chicken Caesar & Cheesy Bread ★ Fluffy Mashed Potatoes ★ Veggie Medley ★ Fruit - S ★ Frozen Juice Cup ★ Got Milk 	<p>11-17</p> <ul style="list-style-type: none"> ★★ Manager's Choice ★★ Manager's Choice ★★ Manager's Choice ★ Roasted Potato Wedges ★ Petite Baby Carrots - S ★ Fruit - S ★ Fruit Juice ★ Got Milk



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11-20

- ★ Vegan Chili - **V**
- ★★ Toasted Cheese Sandwich - **V**
- ★★ Premium Granola and Yogurt - **V**
- ★ Crunchy Tortilla Chips - **S**
- ★ Sidewinder Fries
- ★ Petite Baby Carrots - **S**
- ★ Fruit - **S**
- ★ Fruit Juice
- ★ Got Milk

11-21

- ★★ Savory Sausage Flatbread
- ★★ Deli Turkey & Cheese Sandwich or Turkey & Cheese Wedge Sandwich
- ★★ Italian Chopped Salad
- ★ Artisan Roll - **S**
- ★ Golden Hash Brown Patties
- ★ Veggie Medley
- ★ Fruit Cup
- ★ Fruit Juice
- ★ Got Milk

11-22

- ★ Manager's Choice
- ★★ Manager's Choice
- ★★ Manager's Choice
- ★ Sweet Corn
- ★ Tangy Salsa Cup
- ★ Fruit - **S**
- ★ Fruit Juice
- ★ Got Milk

11-23

Have a Happy Thanksgiving Day Holiday!



11-24

11-27

- ★★ Garlicky Cheese Bread - **V**
- ★★ Toasted Cheese Sandwich - **V**
- ★★ Premium Granola and Yogurt - **V**
- ★ Petite Baby Carrots - **S**
- ★ Marinara Sauce Cup
- ★ Fruit - **S**
- ★ Fruit Juice
- ★ Got Milk

11-28


- ★★ All Star Turkey Hot Dog
- ★★ Turkey & Cheese Melt
- ★★ Italian Chopped Salad
- ★ Artisan Roll - **S**
- ★ Fiesta Pinto Beans or Campfire Baked Beans
- ★ Sweet Corn
- ★ Fruit Cup
- ★ Fruit Juice
- ★ Got Milk

11-29

- ★ Taco Bean Dip
- ★★ Yellow Submarine Sandwich
- ★★ Mexicali Salad - **V**
- ★ Crunchy Tortilla Chips - **S**
- ★ Tangy Salsa Cup
- ★ Petite Baby Carrots - **S**
- ★ Fruit - **S**
- ★ Fruit Juice
- ★ Got Milk

11-30

- ★★ 3 Cheese Calzone
- ★★ Pastrami & Cheese Croissant
- ★★ Chicken Caesar & Cheesy Bread
- ★ Sidewinder Fries
- ★ Fresh Garden Salad
- ★ Fruit - **S**
- ★ Frozen Juice Cup
- ★ Got Milk

 All of the Grain/Bread items served are whole grain.
 Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat
 ★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit or vegetable
S: Items with an (S) can be saved for later
V: Vegetarian items
 **Farm Fresh Fruits: Apple, Orange, Banana